



A review on Phytopharmacological aspects of *Aerva* species

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Abstract

Medicinal plants are a vital source of potentially beneficial novel molecules for the development of strong treatments for a lot of diseases. Many herbs have been proven to be effective against different kinds of diseases, but there is a shortage of such scientific evidence to support such claims. The goal of the current review is to clarify whether one of the plants which belong to the bone fracture healing category, the *Aerva* species contains high/rapid healing activity. *Aerva* species is a non-Indian origin plant that is widely distributed in India, also in Chhattisgarh. It possesses numerous medicinal benefits i.e., it is traditionally used for the treatment of wound healing, cough, diarrhea, ulcer, hyperglycemia, rheumatism, anticancer, antibacterial, and kidney problems. This medicinal activity is due to the presence of phytochemicals such as Flavonoids, tannins, alkaloids, saponins, cardiac glycosides, ascorbic acid, and phenolic compounds.

Keywords: *Aerva* species, Bone fracture, Cough, Diarrhea, Medicinal plants.

Introduction

In ancient literature for the treatment of different disorders, various herbs have been recommended. The literature lists approximately 28 species of the genus *Aerva* to identify the groups of plants that are widely utilized in the indigenous medical system as versatile/multipurpose agents like *Aerva javanica*, *Aerva lanata*, etc [1].

The genus *Aerva* [Vernacular names: Telgu- Tella Burgaya, English- Kapok Bush, Hindi- Safedshamli/ Patharphori, Gujarati- safedshimlo, Marathi- Shamil, Bengali- Swetshimal, Kannada- Dudi, Tamil- Panchu] [2]. A penial, tall, woolly herb under shrub which is a member of the Amaranthaceae family can be found in great abundance during the rainy season [3].

This plant is commonly referred to as Pithauri bhaji in Chhattisgarh. According to reports, the roots and flowers have therapeutic benefits for treating renal and rheumatoid arthritis [4]. The properties of *Aerva javanica* include anthelmintic, diuretic, demulcent, and significantly used to cure headaches [5].

The herbal decocted extract of the plant is used for dysentery, gonorrhea, and cutaneous infection as well as it is also administrated to remove swellings [6, 7]. *Aerva javanica* showed antioxidant [8], antiviral [9], anti-plasmodial [10], and antidiabetic activities [11].

The phytochemical analysis is necessary for the investigations of the roles of the herb in the medicinal field. The major chemical substances are alkaloids, steroids, saponins, phenols, and flavonoids these consist of many beneficial characteristics including antioxidant activity [12]. The *Aerva* species also consists of α -amyrin, β -sitosterol, auranone, kaempferol, linoleic acid, myristic, n-acylated isorhamnetin glycoside, oleic acid, palmitic acid, palmitoleic acid, steric acid, sterol, steric acid, triterpenes, etc [13,14].

Review on phytochemicals study

Muhammad samejo has used the dry distillation method [SD] and hydro distillation method [HD] to isolate oils from the leaves and stem of *Aerva javanica* plant and identified its chemical composition by Gas

Chromatography-Mass Spectrometry (GC-MS). In contrast, the oil extracted from leaves and stem was found to be rich simultaneously in hentriacontane (21.48% -18.32%), nonacosane (20.59% - 23.26%), heptacosane (19.78% - 22.48%), octacosane (3.47% - 3.42%) and triacontane (2.81% - 2.24%) [15].

- Abdul wajid Khan has disclosed the existence of derivatives of benzaldehyde, ursolic acid, and acryl amide by performing phytochemical analysis [16].
- Nabiel has extracted numerous common compounds such as new flavonol, isorhamnetin galactoside, kaempferol, quercetin, and isorhamnetin glycosides and its acylated derivative and its kaempferol analog from the plant *Aerva javanica* [14].
- Garg has isolated flavonoids, alkaloids, Chrysin-7-O-galactoside, etc from the plant *Aerva persica* [13].
- Emam has isolated several chemical components such as alkaloids, carbohydrates, flavonoids, glycosides, lipids, steroids, saponins, sulphates, tannins, triterpenes, from *Aerva javanica* [17].
- Musaddiq has isolated three novel acylated flavone glycosides from *Aerva javanica*'s floral methanolic extract, which was chromatographically purification of ethyl acetate soluble fraction [18].
- Movaliya has provided a brand-new, affordable, and quick thin-layer chromatography method developed for an alcoholic extract of *Aerva javanica*'s root. The smallest traceable quantity of quercetin was 0.02196% w/w [19].
- El-seedi has isolated Lupeol, betulinic acid, phytol, quercetin-3-O-rutinoside, and shikimic acid from the *Aerva javanica* [20].
- Abdel Wahab has analyzed the saponins in *Aerva lanata* and *Aerva javanica* and isolated three glycosides. Hydrolysis of glycosides gave various compounds such as glucose, galactose, rhamnose, lupeol, β -sitosterol, etc [21].
- Ammar has investigated the alkaloidal content in *Aerva javanica* and *Aerva lanata* and disclosed the existence of Methyl aervin and Aervin in both the species, although

an indole alkaloid canthin-6-one was only found in *Aerva lanata* [22].

- Usmanghani has extracted numerous compounds and identified them as β -sitosterol glucoside, Hentriacontane, nonacosane, nonacosanol, tritriacontane, tetratriacontane, sitosterol, and oleanolic acid from *Aerva javanica*'s leaves using ethyl acetate as extract [23].
- Aiyar has extracted some known glycosides of kaempferol from the entire part of *Aerva javanica*. *Aerva lanata* (the entire part) contains β -sitosterol, palmitate, α -amyrin, and β -sitosterol [24].
- Shahim has used hydro distillation for the extraction of essential oil from desert cotton from growing flowers in the sandy soil of the UAE wild desert. They identified approximately 29 volatile components, while Augustine is the major one [25].
- Nawaz has used Hexane, Methanol, and Water as solvents and extracted flavonoids, saponins, tannins, cardiac glycosides, and ascorbic acid in each part of *Aerva javanica*. Also suggested that more polar solvents are comparatively better for the extraction of phytochemicals [26].
- Anand has used methanol, ethanol, and water as extracts and qualitatively analyzed steroids, reducing sugar, triterpenoids, alkaloids, phenolic compounds, flavonoids, cardiac glycosides, saponins, tannins, and anthraquinones in *Aerva javanica* [27].

Review on Pharmacological Study

- Chawla has identified that only a few species, including *Aerva persica*, *Aerva lanata*, and *Aerva javanica*, are utilized medicinally out of the around 28 species of the *Aerva* genus. It has been demonstrated that roots and flowers have hypoglycemic, antioxidant, anthelmintic, analgesic, antimalarial, antivenin, and therapeutic qualities for renal diseases and rheumatism [28].
- Kamil has analyzed the drug plant *Aerva javanica* and proven the anti-hyperglycemic activity, mild analgesic activity, and mild antidepressant activity. The plant drug showed gastro-protective activity in mice and tested for adaptogenic activity showed anti-stress activity and positive inotropic properties [29].
- Al-sheri has found the anti-cancerous effect of *Aerva javanica* methanol extract on breast cancer cell lines and prostate cancer cell line using 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide. The antibacterial capacity of *Aerva javanica* solvent extracts was tested against *Micrococcus luteus*, *Staphylococcus aureus*, *Pseudomonas aeruginosa*, and *Shigella flexneri* [30].
- Boobalan has identified phytochemicals such as flavonoids, tannins, and phenolic compounds as abundant content in wild, *in vitro* leaf, and callus materials and were quantified by using HPLC technique. They have also performed antibacterial activity with comparatively analyzed between wild, *in vitro* regenerated leaf and callus. The fraction of secondary metabolites shows strong antibacterial activity against the selected human pathogens such as *Staphylococcus aureus* and *Proteus vulgaris* [31].
- Srinivas has used hexane, chloroform, and methanol as solvents and prepared crude extracts of different parts of *Aerva javanica*. There are numerous phytochemicals

present in the methanolic extract of the flower and leaf, which shows increased antibacterial activity [32].

- Mufti has used various solvents such as methanol, n-hexane, chloroform, ethyl acetate, and water as extracts for *Aerva javanica* and proved that these extracts have antibacterial and antifungal activity against various human pathogens [33].
- Aboutabl has qualitatively and quantitatively analyzed various carbohydrates in the ethereal parts of *Aerva lanata* and *Aerva javanica* by applying PC, GLC, and gel filtration methods. In these species, various polysaccharides are found in various amounts. Polysaccharides proved of pectic nature and contained four and three fractions respectively in *Aerva lanata* and *Aerva javanica* using gel filtration on Sephadex G-100. *Aerva lanata* polysaccharide exhibited higher hypoglycemic activity than *Aerva javanica* [34].

Miscellaneous Review

- Mohammad Saleem has used normal and reverse phase chromatography to separate four new ecdysteroids and three known steroids from the methanolic extract of the flowers of *Aerva javanica*. The ability of each of the four separate ecdysteroids to inhibit the enzymes acetylcholinesterase, butyryl-cholinesterase, and lipoxigenase was tested [35].
- Alloui has used solvents chloroform, ethyl acetate, n-butanol, and extracted flavonoids, saponins, tannins, alkaloids, and phenols from pedicel and petals of *Aerva javanica*. The ethyl acetate extracted contains higher phenolic content from stems, while chloroform extract contains the highest flavonoids. Chloroform extracts had an IC_{50} scavenging activity value of 0.1035 ± 0.03 gm/ml. The chemicals extracted from *Aerva javanica* showed positive antioxidant activity [36].
- Saleem has used UHPLC-MS and identified 45 phytochemicals in *Aerva javanica* and suggested that *Aerva javanica* could be further explored as a natural source of bioactive compounds [37].

Conclusion

Thus, it can be inferred that the current review is about the plant species *Aerva*, which is a member of the Amaranthaceae family and has a wide range of medicinal properties. According to literature reviews, roots and flowers can treat renal diseases and rheumatoid arthritis.

It is concluded that this plant possesses therapeutic potential in the treatment of 18 types of ailments, which are important phytochemical constituents and antioxidant activities that justify their therapeutic uses in traditional medicine.

Aerva javanica is a good contender as a natural herb to treat cancers, more so in breast cancer than in prostate cancer and it has the potential to work as an antimicrobial agent in multidrug-resistant microbes.

The phytochemicals extracted from *Aerva javanica* portray a positive antioxidant activity and could be further explored as a natural source of bioactive compounds. The oral administration of plant extract possesses potent anti-hyperglycemic activity, mild analgesic activity, and mild antidepressant activity were shown.

The *Aerva* species plant contains various phytochemicals in its Root, Leaves, Stem, and Flower part, which helps in fighting various medical conditions. In order to produce a poly-herbal formulation, there is therefore a good

opportunity to explore and describe active phytoconstituents, their mode of action, and the effective dose of plant extracts. Given the diverse phytochemical profile of *Aerva* species, there is a ton of room for further research in this area.

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